

January 2024 | NEWSLETTER

# Heart Heart to



Find us on Facebook

@hamccarecenter



HEART OF AMERICA  
MEDICAL CENTER

December was a busy month with Christmas decorating, making lefse with Jean, Sarah and Cheryl, Christmas party, and Grinchmas tour of departments. Our activity staff, Amy, Christine and Stacey have been keeping our residents busy! Thank you to family, friends and staff for making the Christmas party a huge success! A special Thank you Kenny "Claus" Kuntz for dressing up as Santa!



# MERRY CHRISTMAS



# HAPPY NEW YEAR

We started off the New Year with a potluck with the residents. The residents and staff enjoyed great food and conversation with one another. We also found out that January 3rd was national chocolate covered cherry day. Thank you to the Rugby Lions for stopping by to share some with the Care Center residents.

We continued the fun by playing BINGO, everyone loves BINGO!







Thank You Sarah Musser, Jean Dorn and Cheryl Rayer for coming and making Lefse with the residents and staff!



Activities Staff Update

Currently we have 2 full time and 1 part time activity therapists so we are fully staffed! Amy has been in activities 2 years but has been at HAMC for 8 years as a CNA. Christine was hired in October of 2023 and has fit in perfectly. Autumn currently works 1 Saturday a month and during school breaks. I am fitting into the role of Activity Director and enjoying working with the staff to provide activities to our residents.

-Stacey Lunde

LTC Staffing Update:

I just wanted to reassure our families that despite many challenges with staffing we are NOT short staffed. In fact we are better staffed than the other nursing homes in our area. Erik Christenson and I share the same view that we cannot give excellent care if we do not have staff, and our highest priority is providing excellent care. So we continue to invest in making sure we are more than adequately staffed. We are using some contract workers, but our current contractors have been with us for over a year. We know them well now and know they meet our high standards for care. In addition, our own staff are some of the best staff you will find anywhere working in our care center. You can be assured that your loved ones are in very good hands!

-Becky Hershey

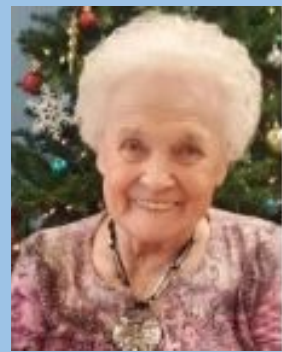
Chaplain's Corner with Pastor Gary

Andy Williams sang: "It's the most wonderful time of the year - with the kids jingle belling - And everyone telling you, be of good cheer!" And this proved so true for our Long-Term Care Family this Christmas. With Santa (thanks Kenny) ringing in good cheer "when friends (and family) come to call - it's the hap-happiest season of all! There'll be parties for hosting - and tales of the glories of Christmases long, long ago - and hearts will be glowing when loved ones are near!"

It truly is the most wonderful time of the year as we celebrate the birth of our Savior Jesus by giving gifts, but don't forget the most important gift of eternal life! Something we should keep in mind was the need for Jesus to come to earth in the first place. And as we grow in our faith – we should be even more aware of our shortcomings and His grace. As we look back at this season, be sure to also look ahead considering Paul's words: "Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners-- of whom I am the worst. But for that very reason I was shown mercy so that in me, the worst of sinners, Christ Jesus might display his unlimited patience as an example for those who would believe on him and receive eternal life"(1 Timothy 1:15–16). Remember to shine your Christmas "light" all year long!

Contact us: If you would like to receive this newsletter via email, please send a request to Stacey Lunde, Activities & Volunteer Coordinator at slunde@hamc.com. This newsletter can also be found online at hamc.com/Longtermcare/activities/. If you have any questions about volunteering, activities, upcoming events, calendars, schedules, etc. call Stacey at 701-776-5455 ext.2315 or email her at slunde@hamc.com.

Gone But Not Forgotten



Loretta Lovcik

Many have asked about the soup we had at the Christmas party. Here is the recipe. Enjoy!

Toscana Soup Recipe

- 1lb mild Italian sausage
1/2 c chopped onion
2 cloves of garlic chopped
6 cups chicken broth
6 potatoes peeled and diced
1 cup half and half cream
Kale, washed and cut
Salt and pepper to taste.

Brown sausage with chopped onion and garlic
Drain oil and set aside.

Cook diced potatoes in chicken broth until soft.

Add meat to potatoes and broth. Add in salt and pepper to taste. Bring to a boil.

Turn down temperature and allow to simmer slowly. Add half and half slowly. Add chopped kale. Simmer on low for 15 minutes stirring occasionally. Serve.



January 18

Helen Austin



# Thank You to all of our donors in memory/honor of the following:

Adam and Lorna Mae Sattler  
Agnes Axtman  
Alice Axtman  
Allan Meckle  
Alton Sanderson  
Ann Hager  
Ansell Johnson  
Andy and Rose Hager  
Archie Gronvold  
Ardyce Volk  
Arlene and Jute Haman  
Art & Hazel Olson  
Baby Jack Lemieux  
Bergetta Jorde  
Bernadine Duchscher  
Bernadine Mitzel  
Berry Ring  
Bertha Schell  
Berty Voeller  
Bill and Elaine Goodman  
Blessings to our Family from Ray and Diane Leier  
Boniface Hornstein  
Carolyn Broten  
Casper Volk  
Charles Sattler  
Cheryl Holm  
Clem Brossart  
Connie Jungberg  
Dale and Angie Kuhnhenh  
Dan Voeller  
Daniel Koenig  
Darlene Bickler  
Daryl and Mark Kuhnhenh  
Darlene Harstad  
David Biberdorf  
Deceased family member of Tom and Lynda Childress  
Deceased Family members of Walt and Angie Busch  
Delmer Ostrem  
Donald Goetz  
Donald Hager  
Donna Gunderson  
Dr Harold and Jean Vigeland  
Duane Olson  
Dwayne Getzlaff  
Elwood Sherwin  
For healing and good health of Maren Staigle  
For healing and good health of Blaine Schmaltz  
Frank M and Rose Voeller  
Frank Mahar  
Fred P Vetsch  
Gary Heintz  
Gary Rice  
Gaston Corneillie  
George and Elizabeth Leier  
George Wilson  
Gerald Meyer  
Gladys Grant  
Glory Monson  
Gordon Boucher  
Grace Paul  
Grayson Sletto  
Greetings to Darlene Tiffany  
Greetings to Richard, Linda, Naomi and Joe  
Greetings to Virginia Otto  
HAMC Staff  
Helen Barstad  
Helen Field  
Herman and Doreen Brenno  
Howard and Fern Anderson

In Honor of all Nursing Staff that do such a great job  
In Honor of HAMC Auxiliary Board  
In Honor of Hospice  
In Memory of Karen Duchscher  
In Memory of Virgil Haman  
James Solem  
Jane Kuntz  
Janet Taylor  
Janice Keller  
Jay Allickson  
Jean Carpenter  
Jerry Rocheleau  
Jim Rocheleau  
Joan Bosch  
Joann Vietz  
Joe & Charlotte Tuchscherer  
Joe Hoffart  
Joey Mattern  
John & Theresa Schaan  
Johnny Fossum  
Jon Brenno  
Jonathon Acord  
Joseph A. Brossart  
Joseph G. Vetsch  
Karen Teigen  
Karry Slaubaugh  
Leila Lang  
Leland Ekren  
Leonard and Carol Jacobson  
Leonard Goetz  
Leonard Schmaltz  
Lois Tuff  
Lorraine Ohm  
Lovilah and Barne Engeland  
Lyle Nelson  
Malcolm Halvorson  
Margaret C Brossart  
Marge Garman  
Marian Guss  
Mark and Diane Butz  
Marlene Oksendahl  
Marlene Wentz  
Marlyne Erickson  
Marvin and Katherine Odden  
Mary Holen  
MaryAnn Burckhard  
Matie Krout

Matt Axtman  
Mavis Anderson  
Merlin Vig  
Monica and Archie Grove  
Neil Mack  
Nicholas Deplazes  
Nordan Lunde  
Norma Lavik  
Olaf and Alma Sollin  
Otto and Sylvia Paulson  
Paul Kauffman  
Perry Schwartz  
Pete and Katherine Hoffart  
Ramo Gronos  
Richard Bundy  
Richard Heilman  
Richard Volk  
Robert Albright  
Rocky Rocheleau  
Rodney and Jeanne Berg  
Roger C Schell  
Ron Brossart  
Ronald Reile  
Rory Eliana Davis  
Roy Baustad  
Ruth Fedje  
Shelley Miller  
Susan Harmel  
Sylvester & Katherine Sattler  
Tamara Mattern  
Terry Brenno  
Theodore Munyer II  
Tim Herzog  
Velma Millang  
Vernie Tuff  
Viola Latendresse  
Virgie Erickson  
Vivian Loken  
Walter and Tillie Schmaltz  
Will Zaiser  
William Nix  
William Paul  
Wilmer and Mildred Geiszler  
Leroy Johnson  
Ernie and Rose Parke  
Albin Johnson  
Terry Johnson



**Tree Lighting Ceremony** – Thank you to all that donated to the Tree of Giving! A special thank you to the village arts children’s choir for their musical selections. This year the donation total was \$3,425.

**HAMC Auxiliary Fall Raffle** brought in a profit of \$700. The raffle drawing was held on November 30th following the Tree of Giving Ceremony. The Raffle Winners were Lacey Valdez 1<sup>st</sup> place-Quilt, Chelsey Monroe 2<sup>nd</sup> place-lighted Christmas globe and Sue Blessum 3<sup>rd</sup> place-2pc snowman and house set. Thank you to all that supported this fundraiser for the lifetime membership pass to the Prairie Village Museum for the Haaland Estates and the Care Center residents.